

A REPORT ON

"Electrician & Plumbing training to the girls and women in remote areas of all province of Nepal through Corporate Social Responsibility (CSR) of Standard Chartered Bank Limited "



Coordination



Organizer



Courtesy



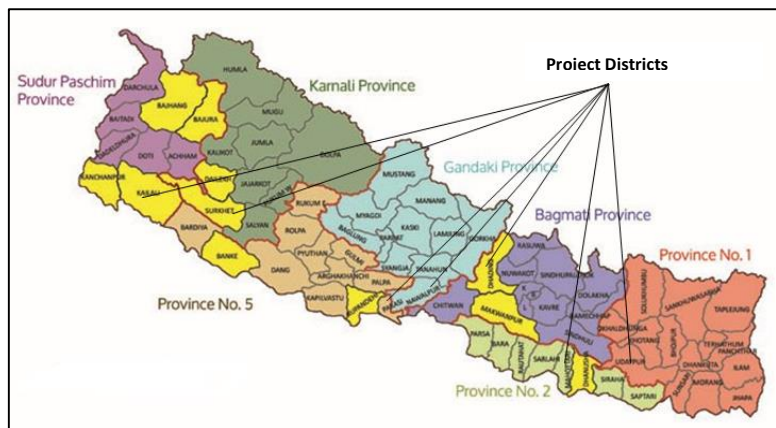
Table of content:

1. Overview
2. Background of the Project
3. Need Assessment
4. Engagement and Collaboration
5. Objective of the program
6. Process initiated by Letter
 - 6.1 Koshi Province
 - 6.2 Madesh Province
 - 6.3 Bagmati Province
 - 6.4 Gandaki Province
 - 6.5 Lumbini Province
 - 6.6 Karnali Province
 - 6.7 Sudurpachchhim Province
7. Selection of trainer
8. Selectin of Vender
9. Target set in Province
10. Program timeline
11. Project Cycle of training
12. Operating Training manual
13. Course contents
14. Training Inauguration and Closing summary
 - a. Nilkantha Municipality-9, Dhading District, Bagmati Pradesh
 - b. Bardaghat Susta West-16, Nawalparasi district, Lumbini Pradesh
 - c. Madhyabindu- 12, Nawalpur district, Gandaki Pradesh
15. Key impacts of the outputs and outcomes of the training:
16. Bites from participants
17. Monitoring and Evaluation
18. GESI perspective on social inclusion
19. Lessons Learnt:
20. Conclusion:

Annex

1. OVERVIEW:

In Nepal, women trafficking remains a persistent and alarming issue, particularly in rural areas, where poverty, lack of education, limited economic opportunities and lack of vocational training make women and girls more vulnerable. According to the 2024 Trafficking in Persons (TIP) Report, Nepal remains a significant source,



transit, and destination country for trafficking. Young women, primarily aged 15–25, are the most at risk, often being lured with false promises of employment, education, or marriage.

Simultaneously, women's unemployment in rural Nepal continues to be a critical barrier to social and economic development. The 2024 Nepal Living Standard Survey indicates that the overall unemployment rate stands at 12.6%, with a significantly higher percentage among rural women. Structural inequalities, gender biases, and lack of access to vocational training and market opportunities further perpetuate this cycle of unemployment and vulnerability to trafficking.

To this viable problems, addressing these intertwined challenges requires sustained effort through the **CSR activities by Standard Chartered Bank Limited (SCBL)** has been focusing to create a safer and more inclusive society along with economic empowerment and anti-trafficking measures to ensure safety, dignity and self-reliance for women in Nepal and such activities has **organized by the NRSD, coordination with various local government of Nepal.**

Supporting to this issue, this project aims to provide vocational training to underprivileged and unemployed women communities through Corporate Social Responsibility (CSR) initiatives from Standard Chartered Bank Nepal Limited (SCBL) on plumbing and electrician training conducting in 7 provinces of Nepal collaborating with local government. By leveraging partnerships with corporations, the program seeks to empower individuals with market-relevant skills, enhancing their employability and fostering sustainable livelihoods. The training modules will focus on areas such as technical trades, digital literacy, entrepreneurship, and soft skills, tailored to the specific needs of the local job market. By aligning with CSR goals, the project not only uplifts marginalized groups but also enables companies to contribute meaningfully to social development, creating a win-win scenario that promotes inclusive economic growth and community resilience. Such Skill

development training helps to easing poverty reduction and maximization of social and economic benefits to improve rural livelihoods and lives.

The Charity has established Plumbing and Electrician training to girls and women in remote areas of all provinces of Nepal with the objective to provide much needed support to enable women and girls from remote areas to perform plumbing and electrical work independently, that will help them generate additional income for their livelihood.

2. Background of the project:

The program aims to equip female participants with practical, in-demand skills in the fields of electrical and plumbing services, addressing the growing demand for skilled technicians in the region. The vocational training project for electrician and plumbing skills focuses on empowering women by addressing gender disparities in traditionally male-dominated trades. Despite the growing demand for skilled electricians and plumbers, women often face limited opportunities to access such professions due to societal norms, lack of training programs, and restricted resources. This project aims to bridge this gap by equipping women with technical skills, fostering their confidence, and enabling them to secure sustainable employment or start their own businesses. By promoting women's participation in these essential trades, the initiative contributes to gender equity, economic self-reliance, and the broader socio-economic development of communities.

The vocational training project for women in electrician and plumbing trades is a strategic initiative aimed at fostering gender equity and economic empowerment while aligning with national and global development goals. Globally, gender gaps in technical and vocational fields persist, limiting women's participation in critical sectors that significantly contribute to GDP growth. According to studies, closing the gender gap in the workforce could add trillions of dollars to global GDP. By equipping women with skills in high-demand trades such as electrical and plumbing work, this project not only enhances their earning potential but also strengthens local economies.

Aligned with the United Nations Sustainable Development Goals (SDGs), the project directly supports SDG 5 (Gender Equality) by breaking barriers in male-dominated professions, and SDG 8 (Decent Work and Economic Growth) by promoting inclusive and sustainable employment opportunities. Furthermore, it indirectly contributes to SDG 4 (Quality Education) by delivering industry-relevant training and SDG 10 (Reduced Inequalities) by empowering marginalized groups. Through this initiative, the project demonstrates a tangible commitment to leveraging vocational training as a tool for sustainable economic development and gender-inclusive growth.

3. Need Assessment:

Vocational training for women in rural and urban Nepal plays a pivotal role in addressing unemployment, poverty and gender inequality. With limited access to formal education, economic opportunities and skill development programs, rural women remain economically dependent and vulnerable to social injustices such as trafficking, exploitation and domestic abuse.

For this purpose, this needs assessment aims to identify the key training areas, barriers to participation and potential impact of vocational training programs for women in rural regions of Nepal.

A needs assessment was conducted in Palikha to explore the feasibility of vocational training programs specifically for women and girls, aiming to enhance their skills and economic participation. The assessment included extensive consultations with community members, women's groups, local leaders, and relevant stakeholders to better understand the unique challenges and opportunities faced by women in key districts such as Dhading, Nawalparasi East, Nawalparasi West, Mahottari, Udaypur, Kailali, and Surkhet, representing all 7 provinces of Nepal.

Based on the findings and specific requests from local Palikas, centralized training sessions were organized at strategically selected locations to ensure accessibility and effectiveness. These training programs prioritized authentic and vulnerable target audiences who demonstrated genuine interest and commitment. Furthermore, the active participation and enthusiasm expressed by Palika members highlighted their strong support and engagement towards empowering women through these initiatives. Data collection methods included surveys, focus group discussions (FGD) and key informant interviews (KII), which provided insights into the community's skill levels, employment patterns and barriers to access. The findings highlighted a significant demand for skills in trades such as electrical wiring and Plumbing was the emerging interests to show by entire girls and women.

However, several barriers were identified, including cultural norms, limited mobility, and economic constraints that hinder women's participation in training programs. The assessment also highlighted a lack of accessible training centers and female trainers, which could encourage greater involvement. Based on these findings, it was recommended to design women-centric, flexible vocational training programs that address these barriers while leveraging local economic opportunities, ultimately empowering women to contribute more effectively to household and community development.

Below are some highlights from the pre-assessment meetings conducted across various Rural Municipalities and Municipalities. These meetings served as a crucial platform for engaging with local stakeholders, community members, and women’s groups to identify key challenges, opportunities, and priorities for the upcoming initiatives.



At Madhyabindu Municipality-12, Nawalparasi



At Nilakantha Municipality-9, Dhading



At Bardhaghat Municipality 16, Nawalparasi (Bardaghat susta West)



At Bardibas Municipality 11, Mahottari



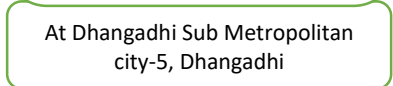
At Belaka Municipality-Udayapur



At Birendranagar Municipality - 7, Surkhet



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At Dhangadhi Sub Metropolitan city-5, Dhangadhi

4. Engagement and collaboration:

It’s encouraging to see the strong interest from Palikas and municipalities across all seven provinces in this innovative "Plumbing and Electrician Training for Girls and Women in Remote Areas of Nepal." This initiative not only aligns with local needs and priorities but has also gained recognition from NRSD, showcasing its potential to empower women, bridge skill gaps, and foster sustainable development. Capitalizing on this interest provides a unique opportunity to collaborate with local governments, CSR activities of SCBL ensuring the program's success and long-term impact.

After identifying the need for vocational training in Palikha, a series of meetings were conducted with representatives from various wards, Palikha and district office to collaboratively identify target areas for implementing the skill development training program. Following these consultations, a detailed program plan and comprehensive training manual were prepared, outlining the objectives, content, and delivery methods for the training. These documents were presented to representatives from the wards, Palikha, and the district for review and approval. The program subsequently received official permission from SCB, ensuring a clear pathway for its implementation in alignment with local priorities and community needs.

5. Objectives

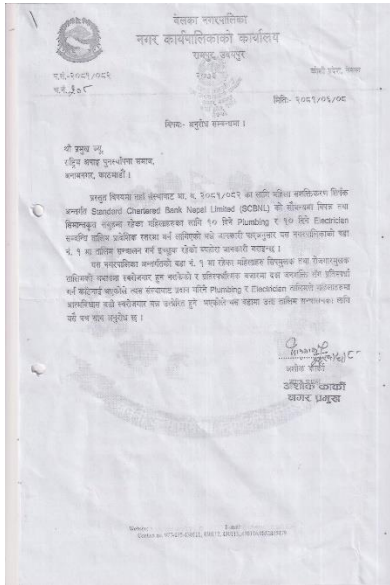
The program initiative aims to ensure equal access to affordable technical vocational training for girls and women, with the goal of minimizing the unemployment rate and promoting gender equality in the workforce, are:

1. To provide vocational training to total of 140 girls (10 each for electrician and plumbing at each province) and women beneficiaries in remote areas of all provinces of Nepal.
2. To empower trained girls and women by enabling them to create self-employment opportunities, thereby ensuring sustainable livelihoods.

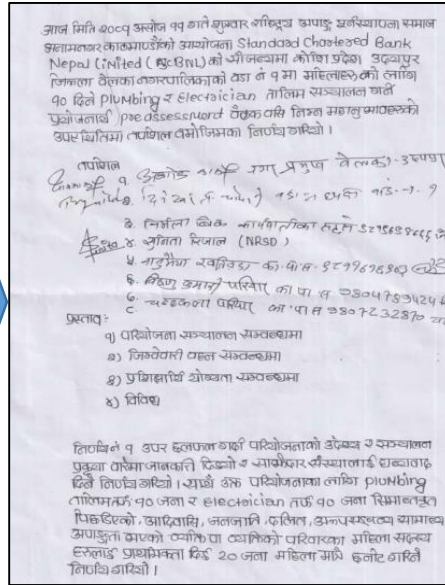
6. Process initiated by letter:

The program implementation process begins with the submission of a province request letter highlighting local interest and resource needs. This is followed by a pre-assessment meeting involving key stakeholders, including provincial and municipal officials, NRSD representatives, local women's groups, and technical experts, to align objectives, evaluate feasibility, and plan logistics, with outcomes documented in meeting minutes. Subsequently, a participants' selection letter is issued to municipalities/Palikas, detailing the criteria for nominating eligible girls and women from remote and marginalized communities, along with application procedures and timelines.

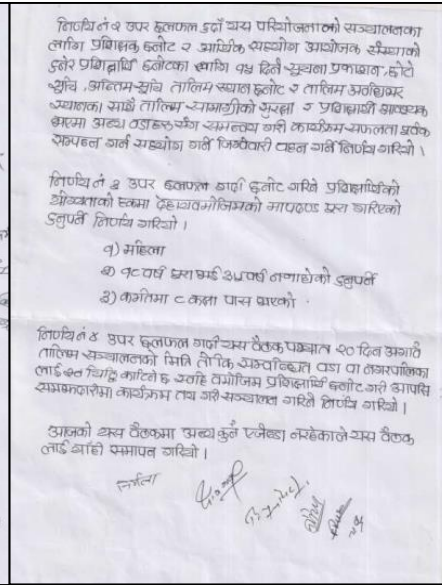
6.1 Province 1: Koshi



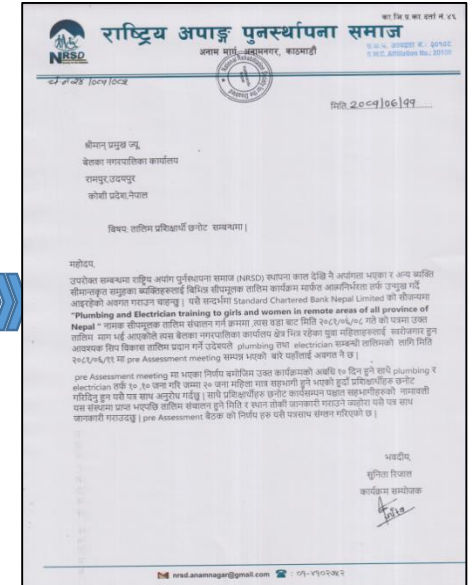
Province request letter



Pre- assessment Minute



Participants Selection Letter



क्र.सं.	नाम	पता	सं.क्र.	सं.क्र.	सं.क्र.	सं.क्र.
१	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	११	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	११
२	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१२	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१२
३	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१३	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१३
४	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१४	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१४
५	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१५	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१५
६	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१६	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१६
७	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१७	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१७
८	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१८	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१८
९	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१९	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	१९
१०	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	२०	सुशीला शर्मा	सुशीला शर्मा, काठमाडौं	२०

Selected Participants

7. Selection of trainer/s:

The selection process for vocational electrician and plumbing trainers for girls and women ensures quality instruction and effective skill transfer. A call for applications outlines required qualifications, including CTEVT-approved certifications, teaching experience, and familiarity with vocational training. Applicants are screened based on technical expertise, professional experience, and ability to work with diverse, marginalized groups. Shortlisted candidates undergo interviews and practical assessments to evaluate teaching, communication, and cultural sensitivity. Preference is given to trainers with experience in community-based training, remote work, and local language skills. Selected trainers receive orientation to align with program goals of empowering women through vocational skills. The selected electrician trainer is same in all provinces but Plumbing trainer has been changed.



**Mr. Rishi Kumar Aryal, trainer
Electrician**



**Mr. Subhash Tamang, Trainer
Plumbing, Dhading**



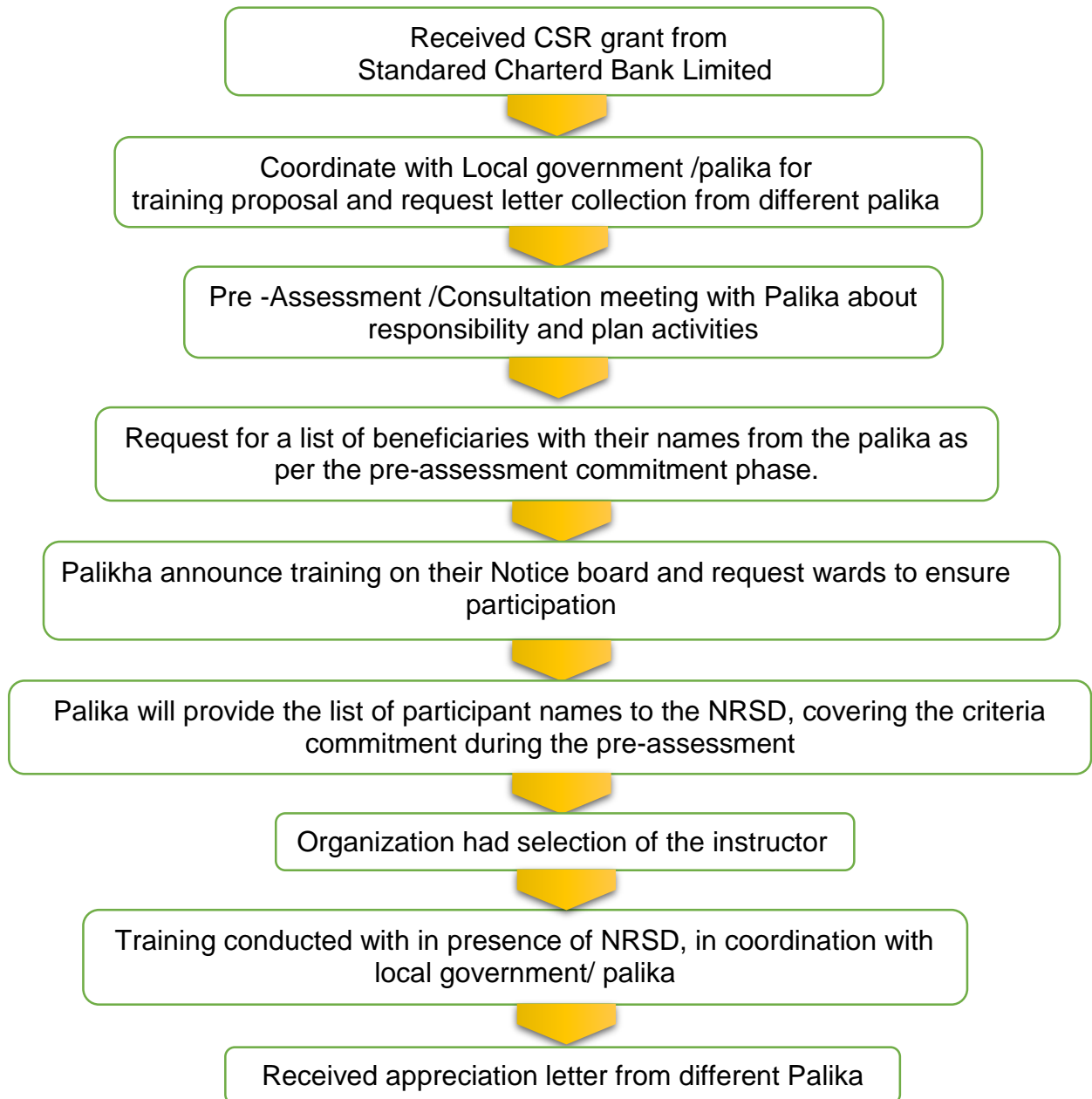
**Mr. Him Bdr. Raskoti, Plumbing Trainer,
Bardaghat & Madhyabindu**

8. Selection of Vender:

The selection process for vendors to supply vocational electrician and plumbing training equipment and materials follows a transparent and competitive procurement procedure to ensure quality and cost-effectiveness. Initially, a request for proposals (RFP) is issued, clearly specifying the required equipment, quality standards, and delivery timelines. Vendors are invited to submit bids, which are then evaluated based on criteria such as product quality, price competitiveness, vendor reputation, and compliance with technical specifications. Preference is given to vendors with proven experience in supplying technical training equipment. Shortlisted vendors may be asked to provide product demonstrations or samples for quality assurance. A procurement committee reviews and approves the final selection, ensuring the chosen vendor aligns with the program's requirements and budget constraints. To address concerns about initiating the training program in other districts, vendors were selected on a district-wise basis, prioritizing accessibility, affordability, and competitive pricing. This approach ensured that vendors could effectively meet local requirements. However, in some districts, quotations from multiple vendors were not received, limiting the options for comparison and selection.

11. The cycle of training by following steps.

"The Cycle of Training" is a structured approach to planning and implementing effective training programs, ensuring that the learning process is systematic and sustainable. Below is a step-by-step explanation of the training cycle tailored for concerned Palikha:



12. Operating Training Manual:

The NRSD, has provided approved operation manual of 'Curriculum Development Department' of the 'Council for Technical Education and Vocational Training (CTEVT)', which has specifically tailored for electrician and plumbing training. This initiative, designed to target girls and women, represents a pivotal move toward standardizing the program's implementation. By offering clear guidelines and methodologies, the manual aims to ensure the effectiveness and quality of the training, empowering women and girls with technical skills and increasing their participation in these traditionally male-dominated fields.



The manual outlines the program's objectives, scope, and the methodologies to be used in delivering vocational training. It includes detailed modules on technical skills, safety protocols, and practical applications tailored to the specific needs and capacities of the participants. The manual also defines the roles and responsibilities of trainers, selection criteria for participants, and guidelines for monitoring and evaluation. Additionally, it incorporates strategies for addressing gender-specific challenges, fostering inclusivity, and promoting empowerment through skill-building. The content is developed in consultation with technical experts, community leaders, and stakeholders to align with local needs and industry standards. By serving as a comprehensive guide, the manual ensures consistency and quality across all phases of program implementation.

The 10-day electrician and plumbing training manual for girls and women is designed to provide foundational knowledge and practical skills essential for entry-level proficiency in these trades. The contents are organized into daily modules that combine theoretical and hands-on learning. Key topics include an introduction to electrical systems and plumbing basics, understanding tools and equipment, safety protocols for handling electricity and water systems, and basic troubleshooting techniques. The manual covers wiring fundamentals, installing switches, sockets, and lighting fixtures, as well as repairing leaks, fitting pipes, and maintaining plumbing systems. It also emphasizes workplace safety, energy conservation, and water management principles. Practical sessions are designed to build confidence and competence, enabling participants to apply their skills in real-life scenarios. Additionally, the manual incorporates soft skills training, such as communication, problem-solving, and customer service, to prepare participants for employment or self-employment opportunities in their communities.

13. Course Contents:

Electrician:

1. Introduction to Electrical Systems
 - Basics, Current, Voltage Resistance,
 - AC vs Dc Electricity
 - Electrical Safety and PPE
 - First Aid for electrical accidents
2. Tools and Equipment
 - Basic tools: Screwdrivers, pliers, cutters, wire strippers
 - Multi-meter usage
 - Tool maintenance and organization
3. Electrical Wiring Basics
 - Wiring components: Switches, sockets, fuses, circuit breakers
 - Wiring types: Single-phase, three-phase, surface, concealed
 - Wire color codes
4. Installation Practices
 - Installing lights, sockets, and switches
 - Basic earthing techniques
 - Load management basics
5. Electrical Appliances
 - Common appliances: Fans, bulbs, irons, small motors
 - Identifying and repairing appliance faults
6. Power Supply and Distribution
 - Local power supply and grids
 - Load management
 - Basics of alternative energy (solar panels, inverters)
7. Advanced Skills (Optional)
 - Electrical diagrams and symbols
 - Series vs. Parallel circuits
 - Small motor rewinding basics
8. Entrepreneurship Skills
 - Cost estimation and quotations
 - Marketing services
 - Legal and certification requirements
9. Practical Work and Assessments
 - Hands-on wiring practice
 - Fault finding and repair tasks
 - Final project presentation
10. Certification
 - Certificate awarded upon course completion

Plumbing:

1. Introduction to Plumbing
 - Basics of plumbing system
 - Importance of plumbing in daily life
 - Plumbing safety measures and PPE
2. Tools and Materials
 - Identification and use of plumbing tools (pipe wrenches, pliers, cutters, etc.)
 - Common materials: Pipes, fittings, adhesives
 - Tool maintenance and care
3. Types of Plumbing Systems
 - Water supply systems: Hot and cold water
 - Drainage and wastewater systems
 - Rainwater harvesting basics
4. Pipework and Fittings
 - Types of pipes: PVC, Pe, GI, ppr and CPVC
 - Pipe fitting techniques: Cutting, threading, and joining
 - Understanding pipe dimensions and standard
5. Plumbing Fixtures and Installations
 - Installing taps, faucets, and valves
 - Toilets, sinks, and shower installations
 - Leak detection and repairs
 - Unit calculation
6. Water Storage and Supply
 - Installing and maintaining water tanks
 - Basics of water pumps system
 - Pressure regulation in supply systems
7. Drainage Systems
 - Basics of wastewater management
 - Installation of drainpipes and traps
 - Preventing and clearing clogs
8. Entrepreneurship Skills
 - Estimating costs and preparing quotations
 - Marketing plumbing services
 - Legal and certification requirements in plumbing
9. Practical Work and Assessments
 - Hands-on practice: Pipe cutting, joining, and installations
 - Repair and troubleshooting tasks
 - Final project presentation
10. Certification
 - Certificate awarded upon course completion

14. Inauguration and Closing Session Summary:

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Nilkantha Municipality-9 in Dhading district, Bagmati Pradesh

22 November – 31 Nov 2024

Inauguration ceremony:

The inauguration ceremony for the Vocational Electrician and Plumbing Training Program was successfully conducted on 22 November 2024, heralding a milestone in advancing skill development and boosting employment opportunities for aspiring technicians. **Held at**

Nilkantha Municipality-9 in Dhading district, Bagmati Pradesh, the event was graced by an enthusiastic assembly of dignitaries, including local government officials, ward chairman-ward 9, ward members, Municipality representative and community leaders, along with an eager group of trainees, guests and President of NRSD including program and field coordinator of NRSD. (*Attach list of attendance, Annex 1*).



Welcome and Opening Address:

The event began with Sunita Rijal, Program Coordinator at NRSD, welcoming attendees and outlining the initiative's objectives. She highlighted its focus on empowering women from remote areas across Nepal through plumbing and electrical training, equipping them with practical and theoretical skills for self-reliance. Ms. Rijal also noted the program's sponsorship under SCBL's Corporate Social Responsibility (CSR), reflecting the organization's commitment to community empowerment.

Chief Guest's Speech:

Ms. Urmila Thapalia, a representative of Nilkantha Municipality, praised the program's design, highlighting its focus on empowering local girls and women. She noted the significance of



developing skilled female professionals within the municipality, shifting the focus from traditional male-dominated roles to inclusive opportunities. The Chief Guest, Rajan Baraili, Ward Chairman-9 of Nilkantha Municipality, emphasized the importance of vocational training in today's job market. He commended the organizers for bridging the skill gap and addressing the community's needs, particularly for women and girls. Mr. Baraili highlighted the program's focus on enhancing employability, fostering self-reliance, and creating additional income opportunities within the municipality. He noted that by addressing the demand for skilled labor in plumbing and electrical work, the initiative promotes gender inclusivity and contributes to the economic growth of underserved communities in Nilkantha Municipality.

In closing, he thanked NRSD and SCBL for their dedication to the municipality's development through this impactful program.

Concluding Remarks:

The event concluded with closing remarks and a heartfelt vote of thanks from Mr. Sugam Bhattarai, Vice President of NRSD. He expressed his sincere gratitude to all attendees, including the Ward-9 Chairman, ward members, representatives from the municipality, trainees and trainers, for their support and active participation. Mr.



Bhattarai also extended special thanks to SCBL for their generous support in making this initiative possible, acknowledging their vital role in driving this impactful program forward.

Mr. Bhattarai emphasized on his speech the transformative impact of this vocational training initiative, which seeks to empower disadvantaged women and girls in rural Nepal by equipping them with essential plumbing and electrical skills. By breaking societal barriers and addressing gender disparities in traditionally male-dominated trades, the program offers a pathway to self-reliance, improved livelihoods, and greater inclusion in community development. Focusing on Ward-9 and Nilkantha Municipality, this initiative not only equips participants to work independently but also reduces vulnerabilities to trafficking by providing practical solutions for financial independence. Mr. Bhattarai underlined that such empowerment fosters a more equitable society where women can actively contribute to rebuilding their communities and shaping a brighter future with this CSR activity of SCBL.

Closing Ceremony of the training:

The closing ceremony of the first electrician and plumbing training took place on November 31, 2024, in the presence of Ms. Sunila Shah Hamal, President of NRSD and Anju Shah Rayamajhi, Board Member of NRSD including Ward Chairman Rajan Baraili, and the respective staff of the ward (attendance details in ANNEX). During the ceremony, Ms. Hamal emphasized that the women trained in electrical and plumbing skills would become instrumental human resources for both the municipality and the nation. She highlighted the equal capabilities of women, proving they are as skilled as men in these technical fields. Her remarks reinforced the program's goal of promoting gender equality and empowering women to make meaningful contributions to the local economy. In last Ms Hamal has given her acknowledged to the Nilkantha municipality and CSR activities of SCBL.



Training glance:



Nilkantha Municipality, Ward 9 has given Letters of appreciation to NRSD



Nilkantha Municipality, Ward 9 has given Letters of appreciation to SCBL





Bardaghat Susta West 16- Nawalparasi district, Lumbini Pradesh 4- 13 December 2024

The second training was successfully planned and conducted in Bardaghat-16, Nawalparasi District, Lumbini Pradesh. The inauguration ceremony took place on December 4, 2024 and was graced by the presence of several distinguished guests. These included Mayor Mr. Shambhu Lal Shrestha, Ward-16 Chairman Mrs. Bhim Kaji Gurung, Former Ward



President Mr. Suk Bahadur Gurung, and the entire team of the local government of Ward-16. Additionally, the President of NRSD, Ms. Sunila Shah Hamal, also attended the event, marking its significance. (*Attach list of attendance, Annex 2*).

Ms. Sunita Rijal, Program Coordinator at NRSD, warmly welcomed the attendees during the inaugural ceremony. She emphasized the importance of the initiative, highlighting its core objective of empowering women through specialized training in electrician and plumbing skills. This training, organized by NRSD, aims to enhance the employability and entrepreneurial potential of women, fostering their independence and contribution to the workforce. The program was made possible through the generous financial sponsorship provided by the CSR activities of Standard Chartered Bank Limited, reflecting a collaborative effort to promote skill development and gender equality.

Chief Guest Speech:

During the inauguration ceremony of the women's electrician and Plumbing training program, Mayor Mr. Shambhu Lal Shrestha delivered an inspiring speech, commending the initiative as a transformative step toward women's empowerment and skill development. He emphasized the critical role of such programs in equipping women with practical skills that enhance their employability, promote entrepreneurship, and enable their active participation in non-traditional sectors like electrical and plumbing work. The Mayor expressed his gratitude to NRSD for organizing the program and to Standard Chartered Bank Limited for their financial support through CSR activities. He highlighted the importance of creating inclusive



opportunities for women, not only to improve their socio-economic status but also to contribute to the development of their communities. Mayor Shrestha concluded his speech with a commitment from the local government to support similar initiatives in the future, ensuring that more women have access to skill-based training programs that pave the way for their independence and success.

Additionally, Ward-16 Chairman Mr. Bhim Kaji Gurung, in his speech, praised the training program as an innovative and impactful initiative. He emphasized its importance in empowering local women and girls by equipping them with skills that open new income-generating opportunities. He also mentioned that the municipality and the ward plan to prioritize and support such programs, recognizing their potential to contribute to the community's socio-economic development.

Concluding Remarks:



The event concluded with closing remarks and a heartfelt vote of thanks from Ms. Sunila Shah Hamal, President of NRSD. She addressed her sincere gratitude to all attendees, including the Mayor and Ward-16 Chairman, ward members, representatives from the municipality, trainees and trainers, for their support and active participation. Ms. Sunila Shah Hamal, President of NRSD, delivered a compelling speech on the importance of women's empowerment and the critical role of partnerships in driving meaningful change. She highlighted how initiatives like the electrician and plumbing training for women represent a significant step toward breaking traditional barriers and equipping women with skills that foster self-reliance, economic independence and confidence to pursue diverse career opportunities. Mrs. Hamal expressed her heartfelt gratitude to Standard Chartered Bank Limited (SCBL) for their unwavering support through their Corporate Social Responsibility (CSR) activities. She acknowledged SCBL's vision and commitment to social equity, which aligns seamlessly with NRSD's mission to uplift women and marginalized communities.

She concluded by encouraging the participants to embrace the training as a stepping stone to realizing their potential and assured the continued efforts of NRSD in championing initiatives that empower women and promote inclusive development.

Closing Ceremony:



The closing ceremony was held at the Ward-16 premises in 13 December 2024, with the presence and of valuable distinguished guests. These included Ward-16 Chairman Mr. Bhim Kaji Gurung, Ward Member Ms. Nar Kumari Gurung, Ward Member Mr. Surya Prakash KC, Former Ward Chairman Mr. Shuk Bahadur Gurung and various representatives of local stakeholders. The

event also featured the Vice President of NRSD, Mr. Sugam Bhattarai, further highlighting the collaborative effort behind the successful completion of the training program. (*Attach list of attendance, Annex 2*). Among the guests, the trainers and the Vice President of NRSD, Mr. Sugam Bhattarai, highlighted the key outcomes of the training program, emphasizing its positive impact on the participants and the community. Ward Chairman Mr. Bhim Kaji Gurung concluded the program by expressing his deep appreciation for the innovative initiative. He emphasized the significance of such training programs in empowering women and creating sustainable income-generating opportunities, reaffirming the local government's commitment to supporting similar efforts in the future.



Social Audit Conducted:

During the last date of training, a social audit was conducted to assess the effectiveness and impact of the vocational training program for women, which focused on electrician and plumbing skills. The program expenses of financial support of NPR. 600,000 under the CSR activities of Standard Chartered Bank Limited. The social audit aimed to gather feedback from participants, local stakeholders, and the community to evaluate how well the program met its objectives, including empowering marginalized women, improving employability, and fostering economic independence. This process helped identify the program's strengths and areas for improvement, ensuring it better aligns with the needs of the participants and the community.

आज मिति २०७१-०९-१८ गते शुक्रवाको दिन लुम्बिनी प्रदेशको नवलपरासी जिल्लामा रहेको न.पु.वडा नं.१९, (बिरेन्द्र पुराना चौकमा) मा स्थिति अनुसार, पुर्नसंरचना सम्पन्न भएको जति, स्ट्याण्डर्ड चार्टर्ड बैंक नेपाल लि.को सहयोगमा संचालित १६ दिने इलेक्ट्रिसियन तथा प्लम्बिङ, तालिम संचालन प्रकृ.समापन अड्डाको २ स्थान १६ दिने तालिमको आगमिति २०७१.०९.१८ तपस्यो तालिमको उपस्थितिमा अति धेरै जो १० वटाको सामाजिक सेवा परिषदको कार्य लागत अनुमानित रकम ६,००,०००.०० (छ लाख रकमको मात्र) र २०० वटा उपकरणको साथै १० वटाको शाराड्डको साथै सेवा परिषदको कार्य सम्पन्न गरियो।

क्र.सं.	नाम	पद	स्थिति	सुझाव
१	श्रीम काजी लुब्ध	वडा अध्यक्ष	वैतणिक नगर-१	सुझाव
२	सुक बहादुर सुब्बा	पुरी काकाबाबु	" "	" "
३	बन कुमारी सुब्बा	शान्ति मास्टर	" "	" "
४	रमेश प्रकाश सुब्बा	वडा प्रमुख	" "	" "
५	रोजनी खत्री	लाभकारी, पुर्नसंरचना	" "	" "
६	मम कुमारी कुवर	समाजसेवा, पुर्नसंरचना	" "	" "
७	सुनिता रिजाल	समाजसेवा, पुर्नसंरचना	" "	" "
८	सुब्बा सुब्बा सुब्बा	किराडकोट	NASS	" "
९				
१०				

During the social audit, various aspects of the training program were reviewed, such as the quality of the training, the relevance of the skills taught, the level of participation, and the extent to which the program addressed the needs of the women involved. The audit also gathered suggestions for improvement and identified areas where further support may be needed to ensure long-term sustainability and success. Through this process, key stakeholders including participants, local government representatives, and community leaders were able to provide their insights and recommendations, ensuring that future initiatives can be even more impactful and responsive to the needs of the community.



Social Audit Conducted



Madhyabindu- 12, Nawalpur district, Gandaki Pradesh

15-24 December, 2024

The third vocational training of Electrician and plumbing was successfully conducted in Madhyabindu-12, Nawalpur District, Gandaki Pradesh. The training and inauguration ceremony took place on December 15, 2024, at the premises of the "**Tamaspur Drinking Water and Sanitation Consumer Committee Office Building**" with the presence of respective distinguished guests, including Ward-12

Chairman Mr. Kanta Prasad Kumal, Former Ward Chairman Mr. Kul Bahadur Gurung, the Chairman of the Drinking Water Office, and the entire team of the Ward-12 office alongside representatives from the Drinking Water and Sanitation Committee. Additionally, the Vice President of NRSD, Mr. Sugam Bhattarai, also attended the inauguration ceremony, underscoring the significance of this initiative. *(Attach list of attendance, Annex 3)*



Chief Guest Speech:

During the inauguration ceremony, Ward-12 Chairman Mr. Kanta Prasad Kumal delivered an inspiring speech emphasizing the importance of empowering women, especially those from marginalized communities, through vocational training in electrician and plumbing skills.

He highlighted how such initiatives provide women with valuable skills that open doors to sustainable livelihoods and greater independence. The Chairman acknowledged the barriers women face in accessing opportunities and commended the training program for breaking stereotypes and creating a platform for women to excel in traditionally male-dominated professions. Mr. Kumal also praised and thanks to collaborative efforts of NRSD and Standard Chartered Bank involved. He expressed his commitment to further supporting programs that uplift marginalized groups and emphasized that empowering women is key to driving social and economic progress within the community.

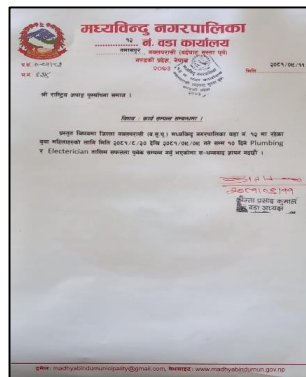
He concluded by encouraging the participants to utilize this opportunity to build their careers and inspire others, reiterating the Ward Office's dedication to fostering inclusive development.

In delivering the vote of thanks from Ms. Sunila Hamal, President of NRSD, expressed her heartfelt gratitude to all those who contributed to the success of the vocational training





program for the invaluable support and active participation. Ms. Hamal extended her appreciation to the trainers, participants, and the organizing team for their dedication and efforts in making the program impactful. She highlighted the importance of the initiative in empowering women from marginalized groups and equipping them with essential skills to achieve self-reliance and economic



independence. She also expressed gratitude to the community for their cooperation and encouragement, which were instrumental in the program's success. Finally, she assured continued efforts by NRSD to collaborate with stakeholders in implementing such transformative programs in the future, reinforcing a

shared commitment to social empowerment and inclusive development.



15. Key impacts of the outputs and outcomes of the training:

During the 10-day electrician and plumbing training, the women participants achieved significant outputs and outcomes. They gained practical skills and theoretical knowledge in essential electrical and plumbing tasks, including the installation and maintenance of systems commonly used in households and small businesses. The training enhanced their confidence, independence, and ability to handle real-world challenges effectively. Participants learned to work with tools, materials, and systems, improving safety awareness and readiness to address emergencies. These outcomes have empowered them to pursue opportunities in employment, entrepreneurship, or freelance work, contributing to their personal and professional growth.

Here are some of the key impacts of the outputs and outcomes of the training for marginalized women groups across various districts of Nepal:

Electrical Training			
DAY	Training Topic	Outputs	Outcomes
1	Introduction to Electricity: - Basics of electricity (voltage, current, resistance). - Importance of electrical safety.	Participants gain theoretical understanding of electrical principles. Safety guidelines introduced and handling equipment with care.	The participants received the basic theoretical knowledge and functions of electricity, develop an understanding of its role in daily life, and recognize the potential hazards associated with electricity, along with basic First Aid knowledge. They gained a solid understanding of concepts such as current, voltage, resistance, and the differences between AC and DC electricity. Additionally, they were motivated to learn hands-on skills, enhancing their practical expertise and confidence in working with electrical systems.
2	Electrical Tools and Their Usage: - Introduction to tools like screwdrivers, multi-meters and pliers. - remembering the Tool and its maintenance.	Participants can identify and handle basic tools including remembering the name of entire tools and Hands-on practice using tools safely.	The women felt comfortable handling and maintaining tools, as they established a strong foundation for practical skills. They memorized the names and functions of various tools commonly used in home-based tasks, building their confidence and competence in performing everyday maintenance and repairs.
3	Basic Electrical Circuits: - Series and parallel circuits. - Concept of circuit continuity.	Practical exercises on assembling simple circuits. Understanding circuit and wiring diagrams.	The participants gained the ability to troubleshoot basic circuit problems and developed a clear understanding of how circuits function in everyday devices. They became familiar with the materials used in house wiring, learning to identify components according to the schematic systems and circuit diagrams. This knowledge enabled them to diagnose and resolve common electrical issues with confidence.

<p>4</p>	<p>Electrical Wiring: - Wire types and sizes. - Installing switches, sockets, and outlets.</p>	<p>Participants learn wiring techniques through guided practice about switch board and casing including controlling in one or two bulb from one-way switch</p>	<p>The women were able to perform basic household wiring tasks, boosting their independence. They gained a balanced understanding of both theoretical principles and practical skills to ensure safe, efficient, and accurate electrical installations. This included mastering the use of switchboards as central hubs for managing circuits, and casing systems that protect and organize wiring pathways. They focused on the operation and installation of one-way switches, which control a single circuit by allowing the current to flow or disconnect, turning devices on or off. Through guided learning, they developed the ability to plan, install, and troubleshoot these components while adhering to safety standards and considering aesthetic factors.</p>
<p>5</p>	<p>Troubleshooting Appliances: - Common appliance problems (e.g. fans, irons). - Safe disassembly and repair.</p>	<p>Participants experience with confidently handling and maintaining household appliance and troubleshoot and repair small appliances under supervision.</p>	<p>The women built confidence in handling and maintaining household appliances through a combination of theoretical knowledge and practical skills. They learned to control three bulbs using three one-way switches, with each switch independently operating a single bulb by creating separate circuits. They also understood how to control a 5-pin socket using a single board switch, ensuring proper wiring and placement to energize the socket only when needed, while adhering to precise safety measurements. Additionally, they gained experience in fixing a board with two sockets, each controlled by its own switch, requiring careful planning, accurate measurements, and secure wiring to maintain functionality and safety compliance. These skills enhanced their ability to manage, install, and troubleshoot household electrical systems with confidence and reliability.</p>
<p>6</p>	<p>Lighting Systems: - Installing light fixtures and power socket and indicators. Five pin socket including indicators light, 2 bulbs burn using 3 one way switch and Energy-saving tips.</p>	<p>Practical experience with light fixture installation and indicators. Knowledge of lighting system and installing the lights and fixtures including power socket.</p>	<p>The women were able to confidently set up and repair lighting systems in homes or small businesses by combining practical experience with efficient techniques. This included installing light fixtures, troubleshooting lighting circuits, and understanding the role of indicators for functionality checks. Through hands-on practice, they mastered the safe and efficient handling of tools, wiring, and fixtures, empowering them to address common lighting needs independently and professionally.</p>

7	Bell switch mechanism including double way switch uses and one bulbs control mechanism by using double way switch	Practically experience of know about the Bell switch and other accessories	The participants gained hands-on experience with the bell switch mechanism and learned to control bulbs using a double-way switch setup. They explored the bell switch mechanism for its use in momentary operations, such as doorbells, while the double-way switch configuration demonstrated how to control a single bulb from two different locations. This practical knowledge enhanced their understanding of advanced switching systems, wiring techniques, and their real-world applications, building their confidence in managing complex electrical setups.
8	Installation mechanism of sub meter, MCB, Fuse, Main switch, fan and other accessories	The installation of electrical components such as sub-meters, MCBs, fuses, main switches, fans and other accessories with learn systematic approach to ensure safety, functionality and compliance with electrical standards.	The participants were equipped with the skills and knowledge to install electrical components such as sub-meters, MCBs, fuses, main switches, fans, and other accessories. This training provided them with a systematic approach to ensure safe, efficient, and compliant installations, preparing them to confidently handle and maintain essential electrical systems in various settings.
9	Using of the drilled machine, grinder and installation of doom and tube lights including Earthing and its uses	Participants learn the basics use of drill machine, grinder properly along with Earthing	The practical hardware knowledge provided to the participants equipped them with essential skills in using tools such as the drill machine for making holes in walls and the grinder machine for cutting pipes and wall materials. Through hands-on experience, they also learned the proper installation techniques for tube lights and dome lights, ensuring safe and efficient electrical installations, including earthing. This training enhanced their proficiency with power tools and gave them the confidence to carry out various electrical and hardware tasks in real-world settings, promoting both technical and safety awareness.
10	Safety Procedures and First Aid and Electrical hazards and preventive measures. - Distribution of certificates	Awareness create of safety protocols and first aid practices including hazards and preventive measures Certificates awarded to successful participants.	Improved household and community safety was achieved as women gained the confidence and skills to respond effectively to electrical emergencies. The recognition of these skills enhanced employability, opening up opportunities across various sectors. This training also fostered a sense of achievement, empowering women with the readiness and self-assurance to pursue entrepreneurship, particularly in electrical installation, repair, and maintenance. Additionally, it increased their problem-solving abilities and confidence, while preparing them for freelance work or home-based projects, further expanding their career possibilities and independence.

Plumbing Training

DAY	Training Topic	Outputs	Outcomes
1	Introduction to Plumbing: <ul style="list-style-type: none"> ▪ Basics of water systems. ▪ Importance of plumbing in daily life. ▪ Safety in plumbing. 	Participants understand the role of plumbing and basic water flow systems. Safety guidelines introduced.	The participants gained increased awareness of the importance of plumbing and its associated hazards, which motivated them to pursue practical applications. They developed a clear understanding of the need for safety-first practices, enabling them to approach plumbing tasks with confidence and caution. This foundation empowered them to apply their knowledge effectively in real-world scenarios while prioritizing safety and efficiency.
2	Plumbing Tools and Their Uses: <ul style="list-style-type: none"> ▪ Introduction to tools (e.g., GI pipe, wrenches, pliers, cutters). ▪ Tool maintenance. 	Participants familiarize themselves with the plumbing accessories and understanding of the plumbing tools and their uses. Hands-on practice with basic tools.	The participants gained confidence in handling and maintaining essential plumbing tools and became familiar with the names and uses of various tools, GI pipes, and fitting accessories. This knowledge equipped them to perform basic plumbing tasks effectively and efficiently, enhancing their practical skills and readiness for real-world applications.
3	Pipe Materials and Fittings: <ul style="list-style-type: none"> ▪ Types of pipes (GI metal and PVC etc.). ▪ Pipe connectors and fittings and make GI pipe frame. 	Participants learn to identify and use different pipe materials and fittings.	The women were able to select appropriate materials for plumbing tasks, including creating connectors and fittings using GI pipe frames. They ensured durability and efficiency in their work, demonstrating their ability to choose and utilize materials effectively for various plumbing applications.
4	Pipe Cutting and Joining: <ul style="list-style-type: none"> ▪ Cutting techniques for PVC and metal pipes. ▪ Joining pipes with making valve with threading. 	Hands-on practice in cutting making valve and joining pipes.	The participants gained the ability to assemble and repair basic GI and PVC piping systems independently. They developed the skills to connect, secure, and troubleshoot these systems, enhancing their confidence and competence in handling a variety of plumbing tasks.
5	Introduction and fixing of PE, PPR, PVC and CPVC pipe: <ul style="list-style-type: none"> ▪ Fixing Leaks and Clogs ▪ Identifying and fixing common leaks. ▪ Clearing clogged drains. 	Participants perform practical exercises on leak repairs and unclogging techniques from PE, PPR, PVC and CPVC	The participants built confidence in addressing frequent household plumbing issues, such as clearing clogged drains, and gained knowledge about PE, PPR, PVC, and CPVC piping. This training empowered them to handle common plumbing challenges independently, reducing their reliance on external services and enhancing their self-sufficiency.
6	Fixture Installation: <ul style="list-style-type: none"> ▪ Installing taps, sinks ▪ Ensuring proper water flow and waste disposal. 	Participants install fixtures under supervision.	The women gained the ability to handle basic fixture installations in homes or small businesses, ensuring proper water flow and effective waste disposal. They developed the skills needed to install and maintain essential plumbing fixtures confidently and efficiently, enhancing their capability to manage household and small-scale plumbing needs.

7	Unit calculation and fixing the toilets installation along with waist pipe connection	Participants install fixtures of the toilets accessories and know about the unit calculation technics.	The participants successfully installed toilet accessories and effectively managed waste pipes, demonstrating their ability to perform accurate unit measurements and conduct cost analyses. This training equipped them with the practical skills and analytical knowledge needed for efficient and cost-effective plumbing installations.
8	Water Storage and Supply Systems: <ul style="list-style-type: none"> ▪ Understanding overhead tanks and plumbing connections. ▪ Fixing pump and common supply issues. 	Hands-on setup of water storage systems. Troubleshooting water supply problems.	The participants developed an increased understanding of water storage and supply systems, including the proper installation and maintenance of household storage units. They also gained the skills to fix pumps, ensuring efficient water supply and the longevity of storage systems. This knowledge enhanced their ability to manage water-related needs effectively and independently.
9	Using of the wall mixture, wash basin, drilled machine and installation of commode	Participants learn the basics use of wall mixture, wash basin, drill machine, properly fixing of the commode and basin	The participants successfully fixed wall mixers, and installed commodes and basins in homes or small businesses, ensuring proper water flow and effective waste disposal. This training equipped them with the practical skills needed to handle essential plumbing installations confidently and efficiently.
10	Plumbing Safety and First Aid: <ul style="list-style-type: none"> ▪ Preventing and addressing hazards (e.g. chemical exposure, sharp tools). ▪ Emergency response training. ▪ Distribution of certificates 	Participants learn plumbing-specific safety measures and basic first aid. Certificates awarded to successful participants.	The participants reduced the risk of accidents during plumbing work by applying proper safety measures and developed the readiness to handle emergencies effectively. This training enhanced their awareness and preparedness, ensuring safer and more confident engagement in plumbing tasks.

Over the course of 10 days, the trainers facilitated group work on a real-life project, guiding participants in setting up a basic electrical and plumbing system in a model home. This hands-on approach, integrated into their daily teaching methodology, provided practical experience that built confidence and prepared the women for independent work in plumbing and electrical tasks.

16. Bites from participants:



"We have proudly embraced a new identity as skilled electricians in our community, becoming to safety, employability, and independence. A heartfelt thank you to Standard Chartered Bank and NRSB for empowering us and making this transformation possible."

- Pabina Thapa Magar, Dhading

"In villages, we earned through traditional agricultural work as seasonal "Mela-Paat" offered an irregular income of around Rs. 400 per day but now we improved skills and specialized job opportunities and plan to earn daily more than Rs. 1000 providing better financial stability and consistent income growth from the training."

- Prinsha Lama, Madhyabindu



"This training has become a life-changing blessing, opening new opportunities and a brighter future to our life."

- Tam Kumari Buda, Bardhaghat

"This training has been highly beneficial, but we believe advanced or refresher sessions would enhance our skills further. We plan to request the ward office to organize additional advanced training for us."

- Suk maya Gurung, Dhading



"Our income, we can now support household expenses and invest in our children's education, for a better future for them."

-Amrita Lama, Madhyabindu



"We plan to form a group to collectively undertake electrical and plumbing work in our community, ensuring better service delivery shared growth, and fostering entrepreneurship among us."

- Janaki Devi Kunwar, Bardhaghat



17. Monitoring and Evaluation:

During the training span NRSD has conducted the overall Monitoring and Evaluation of the complete program organized. Mr Rajendra Thapa had organized this M&E with his complete checklist. (Annex 4) The Monitoring and Evaluation (M&E) of the electrician and plumbing training for women highlights its effectiveness in achieving the program's objectives of skill development, empowerment, and economic inclusion. The training successfully engaged women from underserved communities, equipping them with both theoretical knowledge and hands-on expertise in electrical and plumbing work from experience instructors. Pre and post-training assessments revealed significant improvements in participants' technical competencies and confidence levels. Feedback from trainees indicated high satisfaction with the training content, delivery methods, and practical sessions, which were tailored to local market demands. Stakeholder interviews, including those with trainers and community representatives, affirmed the program's relevance in addressing the skills gap while promoting gender equity in male-dominated trades. Several participants have already plan to utilize their skills for income-generating activities, either through as an employment or freelance projects, contributing to household income and boosting self-reliance.



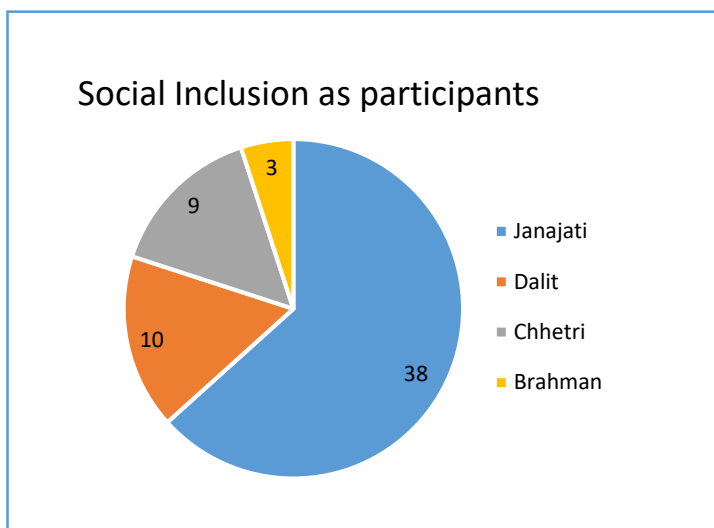
Sufficient physical training materials were provided for practical sessions; and all the used equipment/materials during Electrician and Plumbing Training as on list according to the (Annex 6).

however, the M&E process revealed that participants face challenges in acquiring necessary equipment for real-work applications due to financial constraints. To address this, future programs should consider incorporating business skills training, providing toolkits to graduates, and enhancing post-training support networks. These measures would empower participants to effectively utilize their skills, ensuring long-term impact. Overall, the initiative has made significant progress in developing skilled female professionals while promoting inclusivity and economic empowerment within the community.

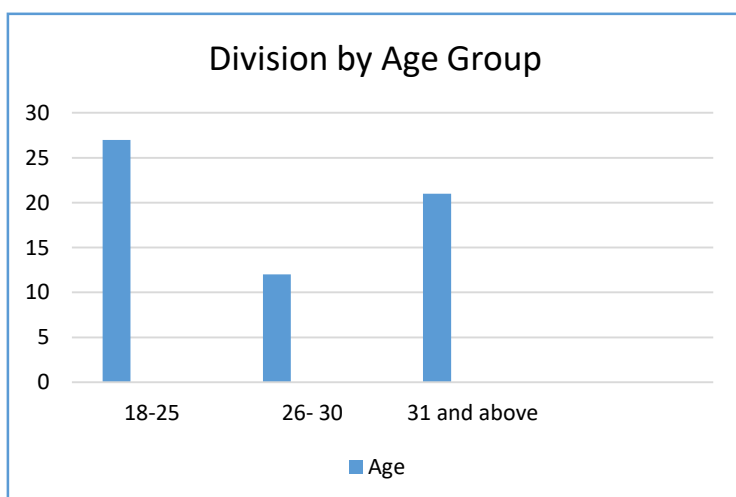
During the training program, both the teacher and participants practiced filling out the "Daily Learning Log Book" at the end of each session. This activity was carried out on a daily basis to document key learnings, gather feedback, and ensure continuous improvement throughout the training process. (Annex 5).

18. Gender Equality and Social Inclusion (GESI) perspective on social inclusion:

The electrician and plumbing training program was specifically designed to empower girls and women from economically disadvantaged and marginalized households across three different districts like Dhading, Bardaghat and Madhyabindu Municipality. The primary objective was to enhance their technical skills, improve employability, and promote self-reliance through capacity development. Social inclusion was a



key focus, ensuring representation from diverse communities to address historical inequalities and promote equitable opportunities. A total of 60 women participated in the training, with significant representation from various social groups: 38 participants were from the Janajati community, 10 from the Dalit community, 9 from the Chhetri community, and 3 from the Brahman community. This diverse representation highlights the program's commitment to inclusivity and social equity while fostering technical expertise among marginalized women for better livelihood opportunities.



The electrician and plumbing training program not only focused on social inclusion but also considered age diversity among the 60 participants to ensure broader representation across different life stages. Out of the total participants, 27 women belonged to the age group of 18–25 years, reflecting a significant participation of younger women eager to build technical skills early in their careers.

The age group of 26–30 years included 12 participants, representing women in their mid-journey of professional and personal responsibilities. Additionally, 21 participants were aged 31 years and above, highlighting the involvement of older women who were equally motivated to enhance their skills for better livelihood opportunities. This age-wise distribution demonstrates the program's inclusive approach, catering to women from various age brackets and empowering them with valuable technical expertise for sustainable socio-economic growth.

19. Lessons Learnt:

The lessons learned from the women empowerment vocational training in electrician and plumbing skills for marginalized groups across all seven provinces are invaluable for shaping future initiatives:

1. Overcoming Societal Barriers:

Many marginalized women face societal and cultural barriers to entering traditionally male-dominated professions like electrician and plumbing work. The success of the program highlighted the importance of creating safe, supportive spaces where women can learn without fear of judgment, as well as the need for continued advocacy to shift societal perceptions around gender roles.

2. Increased Confidence and Self-Reliance:

Participants reported higher levels of confidence and independence after completing the training. This was not only in terms of their technical abilities but also in their capacity to pursue employment or entrepreneurial ventures. Empowering women with practical skills helps break cycles of dependency and enhances their decision-making power.

3. Inclusive Capacity Building:

Involving local government bodies, stakeholders and trainers in the process ensured the training programs were inclusive and aligned with broader community development goals. The active participation of local leaders and institutions was essential in ensuring the success and sustainability of the program.

4. Mentorship and Networking Opportunities:

Women often need ongoing support after completing the training. Providing access to mentorship, networking opportunities and resources for job placement or starting small businesses has proven crucial to ensuring the long-term success of these women in their trades.

5. Financial Support and Collaboration:

The success of the initiative highlights the importance of partnerships with corporate entities like Standard Chartered Bank Limited, through their CSR activities. Financial support not only makes the training possible but also ensures the scale and quality needed to reach marginalized women across multiple provinces.

6. Building Long-Term Sustainability:

The training programs not only focused on immediate skill acquisition but also emphasized building sustainable livelihoods. The lesson here is that empowering marginalized women through vocational training creates a ripple effect, benefiting their families, communities and the broader economy.

These lessons provide a solid foundation for future programs and help to enhance the impact of women's empowerment initiatives in vocational sectors across Nepal.

20. Conclusion:

In conclusion, the vocational training programs in electrician and plumbing skills for marginalized women across the seven provinces have demonstrated significant impact in empowering women, breaking down societal barriers, and fostering economic independence. The initiative has not only provided women with essential technical skills but also increased their confidence and self-reliance, allowing them to explore new career opportunities and entrepreneurial ventures. The collaboration between local government bodies, stakeholders and corporate partners, such as Standard Chartered Bank Limited, has been instrumental in ensuring the success and scalability of the program. Moreover, the inclusion of mentorship and ongoing support has proven crucial in helping women transition successfully into the workforce or start their own businesses.

While challenges remain, including overcoming cultural barriers and ensuring long-term sustainability, the lessons learned from these programs provide a strong foundation for future initiatives. By continuing to focus on inclusivity, financial support, and capacity building, such programs will continue to create lasting change, benefiting not just individual women but entire communities, and contributing to broader economic and social development across Nepal.

Attendees had the opportunity to interact with trainers and learn more about the course curriculum, which combines theoretical knowledge with hands-on experience. The launch of this initiative is expected to contribute significantly to community development, providing participants with tools to secure sustainable careers while contributing to the local economy.

Ultimately, empowering marginalized women through vocational training is a powerful tool for fostering gender equality, improving livelihoods, and driving sustainable development.

Annex 3: Inauguration & Closing, Madhyabindu- 12, Nawalpur district Inauguration:

आज मिति २०८१-८-३० गते
अक्षतवासीको दिन गण्डकी प्रदेश, नवलपुर जिल्ला मध्यविन्दु नगरपालिका वडा नं. १२ मा राष्ट्रिय अपाङ्ग पुनर्स्थापना समिति अगुमा नगर वाडमंडौडी आयोजना, रूद्रगढी च्याउडै बिक्रम नेपाल लिमिटेडको संयोजनमा तथा मध्यविन्दु नगर वडा नं. १२को वडा कार्यलय परिवारको समन्वयमा तमायपुर खानेपानी तथा सरसफाई उपभोक्ता समितिको कार्यालय भवनमा ३० जना महिलाहरूलाई लक्षित गरेर १० दिनसम्म रूद्रगढी डेढे - विभिन्न ३०ले क्विज तथा प्लब्लिम समाविष्ट तालिमको अद्ययतन समारोह यहाँ वडा वडा वडा अध्यक्ष श्री कान्ता प्रसाद कुमाल समूहको अध्यक्षतामा तथा तपशिलमान नाम उल्लेख भए कमोजिमको महासुभाषकको उपरिस्थित उद्ययतन समारोह सम्पन्न गरियो ।

तपशिलः

क्र.सं.	नाम	संस्था/डेगाना	हस्ताक्षर
१.	कान्ता प्रसाद कुमाल (अध्यक्ष)	वडा अध्यक्ष मण्डल	
२.	कुल वडा अध्यक्ष (प्र.अतिथि)	निर्वाहक अध्यक्ष	
३.	सुमना श्रेष्ठ (अतिथि)	NRSD अध्यक्ष	
४.	वसन्त लामा (अतिथि)	श.३ खानेपानी	
५.	पुनम नारायणी	वडा सदस्य	
६.	रिखा शर्मा	खानेपानी अध्यक्ष	
७.	सुशिल अधिकारी		
८.	यशिता कुमाल		
९.	चन्द्र वडा		
१०.	वीरकाजी तामा		
११.	मिना चन्द	प्रधानातिथि	
१२.	अरुण श्रेष्ठ		
१३.	गिता थापा गठार		
१४.	पारसाद लामा		
१५.	सलमा आन		
१६.	प्रिन्सा लामा		
१७.	शुशिला रवडा		

क्र.सं.	नाम	डेगाना	हस्ताक्षर
१८.	अमृता लामा	मध्यविन्दु-वडा नं.१२	Amrita
१९.	माया थापा	"	Maya
२०.	नेकुना सुब्बा	"	Mud
२१.	शान्ति पुन	"	Shanti
२२.	राजिना फुल	"	Rajina
२३.	सुलभा पुन	"	Sulbha
२४.	राज कुमारी थापा	"	Raj
२५.	सुमना थापा	"	Suman
२६.	विमला सुब्बा	"	Vimala
२७.	लक्ष्मी थापा	"	Lakshmi
२८.	शान्ति गठा	"	Shanti
२९.	नरमणी सुब्बा	"	Narmani
३०.	पंचक सुब्बा	"	Panchak
३१.	शीलना थापा	"	Shilana
३२.	रुचि कुमारी आर्याल	प्रधानातिथि	Ruchi
३३.	दिपक शर्मा	प्रधानातिथि (लक्ष्मी)	Dipak
३४.	सुनिता खनाल	NRSD	Sunita
३५.	कुलप्रसाद कुमाल	NRSD	Kulprasad
३६.	आशिका सेन ठकुरी	वीरगढी	Ashika
३७.	सुमिता दाई	"	Sumita
३८.	कृष्णा प्रसाद कुमाल	Field course NRSD	Krushna

Closing:

आज मिति २०८१-०९-०९ गते
मंगलवासीको दिन गण्डकी प्रदेश, नवलपुरको सुर्खेत नगरपालिका वडा नं. १२ तमायपुर मा राष्ट्रिय अपाङ्ग पुनर्स्थापना समिति द्वारा आयोजना भएको, रूद्रगढी च्याउडै बिक्रम नेपाल लिमिटेडको संयोजनमा तथा मध्यविन्दु नगर वडा नं. १२को वडा कार्यलय परिवारको समन्वयमा तमायपुर खानेपानी तथा सरसफाई उपभोक्ता समितिको कार्यालय भवनमा ३० जना महिलाहरूलाई लक्षित गरेर १० दिनसम्म रूद्रगढी डेढे - विभिन्न ३०ले क्विज तथा प्लब्लिम समाविष्ट तालिमको अद्ययतन समारोह यहाँ वडा वडा वडा वडा अध्यक्ष श्री कान्ता प्रसाद कुमाल समूहको अध्यक्षतामा तथा तपशिलमा उल्लेख भए कमोजिमको महासुभाषकको उपरिस्थित समारोह सम्पन्न गरियो ।

तपशिलः

क्र.सं.	नाम	संस्था/डेगाना	हस्ताक्षर
१.	कान्ता प्रसाद कुमाल	वडा अध्यक्ष	
२.	सुशिल आर टामाल	NRSD अध्यक्ष	
३.	कुल वडा अध्यक्ष	निर्वाहक अध्यक्ष	
४.	वसन्त लामा		
५.	सुनिता रिजाल	NRSD Program etc.	
६.	कृष्णा प्रसाद कुमाल	Field course	
७.	मिना आन	सदस्य	
८.	रुचिका आर्याल	K&N	
९.	दिपक शर्मा	NRSD	
१०.	दिपक शर्मा	NRSD	
११.	नरमणी थापा	NRSD	
१२.	सलीना थापा	मध्यविन्दु- 12	
१३.	गिता थापा गठार	"	
१४.	पारसाद लामा	"	
१५.	शीलना थापा	"	
१६.	सुलभा पुन	"	
१७.	नेकुना सुब्बा	"	
१८.	शान्ति पुन	"	
१९.	आशिका सेन	"	

क्र.सं.	नाम	संस्था/डेगाना	हस्ताक्षर
२०.	नरमणी सुब्बा	मध्यविन्दु-12	
२१.	सुलभा पुन	"	
२२.	नेकुना सुब्बा	"	
२३.	शान्ति पुन	"	
२४.	रुचिका आर्याल	"	
२५.	दिपक शर्मा	"	
२६.	सलीना थापा	"	
२७.	कमला शर्मा सेन	"	
२८.	अरुण श्रेष्ठ	"	
२९.	अमृता लामा	"	
३०.	शुशिला रवडा	"	
३१.	सुमिता दाई	"	
३२.	आशिका सेन ठकुरी	"	
३३.	लक्ष्मी थापा	"	
३४.	शान्ति गठा	"	
३५.	प्रिन्सा लामा	"	
३६.	अशिका सेन ठकुरी	"	
३७.	सुमिता दाई	"	
३८.	शान्ति पुन	"	
३९.	सुमना थापा	"	
४०.	सुमिता दाई	"	
४१.	मिना आन	"	
४२.	माया थापा	"	

Annex 4: Monitoring and Evaluation Checklist

Monitoring Checklist

Electrician and Plumbing training for disadvantaged women and girls in rural areas of Nepal

Organized by National Rehabilitation Society for The Disabled

Supported by Standard Chartered Bank Nepal Limited

SN	Checklist	Status (Y/N/P)	Remarks
1	Program Planning and Administration		
1.1	Training curriculum aligned with basic standards.	Y	
1.2	Clear objectives and expected learning outcomes.	Y	
1.3	Schedule and timetable properly organized	Y	
1.4	Adequate trainer-to-trainee ratio.	Y	
1.5	Proper documentation of attendance, progress and assessments.	Y	
2	Facilities and Infrastructure		
2.1	Availability of a safe and equipped training center.	Y	
2.2	Sufficient tools and materials (e.g., Multimeters, wires, switches, panels).	Y	
2.3	Adequate safety gear (e.g., gloves, goggles, fire extinguishers).	Y	
2.4	Proper lighting, ventilation, and seating arrangements.	Y	
2.5	Emergency response plan and first aid kit accessible.	Y	
3	Trainer Qualifications and Performance		
3.1	Trainers have relevant qualifications and experience in electrical/Plumbing work.	Y	
3.2	Trainers demonstrate effective teaching methods (theory & practical).	Y	
3.3	Regular feedback is collected from trainees about trainer performance.	Y	
3.4	Trainers conduct regular skill demonstrations and Q&A sessions.	P	
4	Training Delivery		
4.1	Training sessions are conducted as per the schedule.	Y	
4.2	Clear balance between theoretical and practical components.	P	
4.3	Use of visual aids and hands-on demonstrations.	P	
4.4	Inclusion of real-life problem-solving and troubleshooting exercises.	Y	
4.5	Opportunities for trainees to work on live projects or simulations.	P	
5	Learning Materials		
5.1	Availability of manuals, handouts, and reference guides.	Y	
5.2	Materials provided in a language understood by trainees.	Y	
5.3	Use of up-to-date resources and examples.	Y	
5.4	Videos or online resources are provided, where applicable.	P	
6	Trainee Engagement and Performance		
6.1	Regular attendance by trainees.	Y	
6.2	Active participation in discussions and activities.	Y	
6.3	Consistent improvement in skill levels over time.	Y	
6.4	Periodic assessments and feedback on trainee performance.	Y	
6.5	Certification or acknowledgment upon successful completion.	Y	
7	Safety and Compliance		
7.1	Trainees follow safety procedures during practical sessions.	P	
7.2	Safe handling and usage of electrical/Plumbing tools and equipment.	Y	
7.3	Training aligns with electrical safety regulations and standards.	Y	
8	Monitoring and Feedback		
8.1	Regular monitoring by program supervisors.	P	
8.2	Collection of feedback from trainees and trainers.	Y	
8.3	Timely resolution of any issues raised during training.	Y	
8.4	Periodic review of the training program for improvement.	Y	
9	Post-Training Follow-up		
9.1	Evaluation of trainee employability or entrepreneurial readiness.	N/A	
9.2	Provision of career guidance or job placement support.	N/A	

Y= Yes, N= No, P= Partial


Annex 5: Daily Learning Log Book

दैनिक सिकाइ लगबुकको नमूना

तालिम प्रदायक संस्थाको नाम:..... ठेगाना:.....
 पेसाको नाम:..... तालिम स्थल:..... तालिम सुरु मिति:..... सम्पन्न मिति:.....
 मुख्य प्रशिक्षकको नाम:..... सहायक प्रशिक्षकको नाम:..... जामा प्रशिक्षार्थी:.....
 सम्पर्क व्यक्तिको नाम:..... पद:..... फोन नं.:.....

क्र.सं.	मिति	उपस्थित प्रशिक्षार्थी सं.	मोड्युल/परियोजना/काम/कार्यदक्षताको नाम	समय (घण्टा)		दैनिक सीपको उपलब्धी	प्रशिक्षकको हस्ताक्षर
				सैद्धान्तिक	प्रयोगात्मक		


Annex 5: List of Participants



नीलकण्ठ नगरपालिका

९ नं. वडा कार्यालय

धादिङ

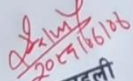



पत्र संख्या : ०८१/८२
चलानी नं : ४१३

वागमती प्रदेश, नेपाल
मिति : २०८१/०७/०७

Plumbing Trainee Member -10

सि.नं.	सहभागीको नामथर	बाबु/पति	ना.प्र.नं.	सम्पर्क नं
१	श्री धन कुमारी गुरुङ	किसन बहादुर गुरुङ	२६१/२६०६६	९८२८१९५६०९
२	श्री विमला परियार	रामजी दमाई	२६१/६१२३९	९८१३३८४९८८
३	श्री शशिला गुरुङ	तेज बहादुर गुरुङ	२६१/६९०३७	९८६९२००१२७
४	श्री कविता सामरी लम्साल	रामहरि लम्साल	२६-०१-७३-०३५ ४७	९८४३६६५७१३
५	श्री पार्वती श्रेष्ठ	सष्टिका नारायण श्रेष्ठ	६२२५	९८६४६५९४८४
६	श्री जानुका नगरकोटी	राजमान नगरकोटी	२६-०१-७४-०७८०१	९८६०४७४८७०
७	श्री सुमित्रा विसुन्के	हरि विसुन्के		९८०३७७०९६९
८	श्री सन्तोषी मगर	इश्वर मगर	२६-०१-७४-००८८०	९७४५७५४५७७
९	श्री गोमा कुमारी पच्या मगर	पुर्ण बहादुर मगर	२६-०१-८०-९०५६७	९७६७२४४५८४
१०	श्री दुर्गा गुरुङ	लिलाबहादुर गुरुङ	२६१/४३२८९	९७४१७३३४६०



 २०८१/०६/०६
 राजन बराइली
 वडा अध्यक्ष



नीलकण्ठ नगरपालिका

९ नं. वडा कार्यालय

धादिङ



पत्र संख्या : ०८१/८२
चलानी नं : ४१३

वागमती प्रदेश, नेपाल
मिति : २०८१/०७/०७

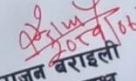
विषय : सिफारिस सम्बन्धमा ।

श्री राष्ट्रिय अपाङ्ग पुनर्स्थापना समाज
अनामनगर, काठमाण्डौ ।

प्रस्तुत विषयमा तहाँ कार्यालयको मिति २०८१/०६/०७ गतेको पत्रानुसार "Plumbing and Electrician training to girls and women in remote areas of all province of Nepal" कार्यक्रम अन्तर्गत यस नीलकण्ठ नगरपालिका वडा नं ९ वाट १० दिने Plumbing र Electrician तर्फ १०, १० जना गरि जम्मा २० जना महिला मात्र तालिम प्रशिक्षार्थी छनौट गरि पठाइदिनु हुन भनि पत्र प्राप्त भएकाले वडामा प्राप्त भएको आवेदन र वडा कार्यासमितिको निर्णयानुसार तपशिलको प्रशिक्षार्थीहरु छनौट गरि पठाईएको व्याहोरा सिफारिस साथ अनुरोध छ ।

Electrician Trainee Member -10

सि.नं.	सहभागीको नामथर	बाबु/पति	ना.प्र.नं.	सम्पर्क नं
१	श्री शिला श्रेष्ठ	राम बहादुर श्रेष्ठ	२६-०१-८१-०५०४९	९७०८१८३८६६
२	श्री आरती महत	राम बहादुर महत	२६-०१-७७-००८९४	९७४५३०५३७८
३	श्री नानी मैया खड्का	राम शरण खड्का	२६१/६९४४३	९८४८५३३८७१
४	श्री भावना परियार	सानुबाबु परियार	२६-०१-७६-०१३६३	९८१३२३३९२२
५	श्री रेनुका नहर्की शर्मा	अनिल शर्मा	२६-०१-७३-०४६६५	९८१८९७८२९
६	श्री जुना गुरुङ	लोकबहादुर गुरुङ	२६१/२४२२८	९८१८५८६४८७
७	श्री सुकमाया गुरुङ	रितेश कुमार गुरुङ	२६१/४२१९०	९८१००२९९७०
८	श्री सुस्मा श्रेष्ठ	शिवहरि श्रेष्ठ	२६-०१-७४-०२३६५	९८४८५८९९३६
९	श्री पविना थापा मगर	कुमार थापा मगर	४४-०१-७२-०७३७५	९८४६९४९९०९
१०	श्री सुमित्रा बराइली	होम बहादुर कामी	२६१/४०७७३	९८१०१५७८७४


 २०८१/०६/०६
 राजन बराइली
 वडा अध्यक्ष



बर्दघाट नगरपालिका
BARDAGHAT MUNICIPALITY

१६ नं. वडा कार्यालय
16 No. Ward Office

नवलपरासी (बर्दघाट सुस्ता परिचय)
Nawalparasi (Bardaghat Susta West)

स.नं. / Ref No.: ६६

पत्र संख्या / Dispatch No.: ०८१/०८२

लुम्बिनी प्रदेश
Lumbini Province, Nepal

मिति / Date: २०७१/०८/१२

श्री राष्ट्रिय अपाङ्ग पुर्नसथापना समाज
अनाम मार्ग, अनामनगर काठमाडौं ।

विषय : सिफारिस सम्बन्धमा ।

प्रस्तुत विषयमा श्री राष्ट्रिय अपाङ्ग पुर्नसथापना समाजको चालु आ.ब.२०८१/०८२ को च.नं.२६ को मिति २०८१/०७/११ गतेको सूचना अनुसार यस बर्दघाट नगरपालिका वडा नं.१६ मा बासोबास गर्दै आएको व्यक्तिहरुले **Plumbing** तथा **Electrician** तालिम सिकनका लागि ईच्छुक व्यक्तिहरुको नामावली यस प्रकार रहेको छ ।

क्र.सं.	नाम थर	ठेगाना	सम्पर्क नं.	जिल्ला	प्रदेश	तालिम
१	जानकी देवी कुवर	बर्दघाट १६	९७०६९७०९१५	नवलपरासी	लुम्बिनी	Electrician
२	टुक माया शर्मा	बर्दघाट १६	९८२१५८८३६७	नवलपरासी	लुम्बिनी	Electrician
३	पुजा दमै	बर्दघाट १६	९७०८५७२१६७	नवलपरासी	लुम्बिनी	Electrician
४	मोनिका के.सी	बर्दघाट १६	९८११९२८११५	नवलपरासी	लुम्बिनी	Electrician
५	देवी सारा गुरुङ्ग	बर्दघाट १६	९८६४५७२७८४	नवलपरासी	लुम्बिनी	Electrician
६	सपना श्रेष्ठ	बर्दघाट १६	९८२३२४९२१२	नवलपरासी	लुम्बिनी	Electrician
७	तम कुमारी बुढा	बर्दघाट १६	९८१६४८९६२४	नवलपरासी	लुम्बिनी	Electrician
८	नमुना वि.क	बर्दघाट १६	९७०७३३२३९२	नवलपरासी	लुम्बिनी	Electrician
९	धन कुमारी बुढा मगर	बर्दघाट १६	९७०८७१७९४०	नवलपरासी	लुम्बिनी	Electrician
१०	यम कुमारी कुवर	बर्दघाट १६	९८१२९८३०८५	नवलपरासी	लुम्बिनी	Electrician

मीनकाजी गुरुङ्ग
(वडा अध्यक्ष)

११	मनिसा बाह्रधरे मगर	बर्दघाट १६	९८११९४८७१५	नवलपरासी	लुम्बिनी	Plumbing
१२	प्रान्तिका गुरुङ्ग	बर्दघाट १६	९८११४०७७७५	नवलपरासी	लुम्बिनी	Plumbing
१३	आकृति सापकोटा	बर्दघाट १६	९८२१९८०८५३	नवलपरासी	लुम्बिनी	Plumbing
१४	पुष्पा चौधरी	बर्दघाट १६	९८२१४२६४८४	नवलपरासी	लुम्बिनी	Plumbing
१५	तारा परियार	बर्दघाट १६	९८२१४७५५१३	नवलपरासी	लुम्बिनी	Plumbing
१६	गंगा दमै	बर्दघाट १६	९७०९६५३००२	नवलपरासी	लुम्बिनी	Plumbing
१७	देवी माया परियार	बर्दघाट १६	९८६७६२१८५४	नवलपरासी	लुम्बिनी	Plumbing
१८	पुजा दमै सुनार	बर्दघाट १६	९७४५३९६३५८	नवलपरासी	लुम्बिनी	Plumbing
१९	रोशनी घले	बर्दघाट १६	९८२१४५४०६३	नवलपरासी	लुम्बिनी	Plumbing
२०	शान्ता माया पेमी मगर लामा	बर्दघाट १६	९७०६५९५२२८	नवलपरासी	लुम्बिनी	Plumbing



मीनकाजी गुरुङ्ग
(वडा अध्यक्ष)



मध्यविन्दु नगरपालिका

१२ नं. वडा कार्यालय

तसासपुर, नवलपरासी (बर्दघाट सुस्ता पूर्व)

गण्डकी प्रदेश, नेपाल

२०७३

मिति २०८१/०८/१३

ने.स.११४५ कछलागा २, बिहिवार

प.सं. २०८१/८२

च.नं. ६८९

श्री जो अससँग सम्बन्धित छ।

विषय: सिफारिस सम्बन्धमा ।

प्रस्तुत विषयमा राष्ट्रिय अपाङ्ग पुनर्स्थापना समाजको च.नं. २५ को पत्र मिति २०८१/०७/११ गतेको पत्रानुसार मध्यविन्दु नगरपालिका वडा नं. १२ मा रहेका तपसील बमोजपमका युवा महिलाहरु Plumbing र Electrician तालिममा सहभागी हुन इच्छुक रहेकोले तालिमको लागि सिफारिस गरिएको व्यहोरा अनुरोध छ।

तपसील

Electrician तर्फका सहभागी

क्र.स	सहभागिको नाम :	सम्पर्क नम्बर:
१	फुलमाया पुन मगर	९८४७२०६४८५
२	पासाङ लामा	९८६८३४६६४०
३	रोजिना थापा	९७४६४०४३७९
४	गिता थापा मगर	९७६२८९१३४९
५	समता थापा	९८६७१६३७९९
६	सर्मिला पुन	९८४२०१६६८
७	मेनका गुरुङ	९८६५४०४६७९
८	आकृति थापा	९७६२२४१६०८
९	अनिता पुन	९८४४३३३७४४
१०	सलिना थापा	९८६४४१२४७०

इमेल: madhyabindumunicipality@gmail.com, वेबसाइट: www.madhyabindumun.gov.np

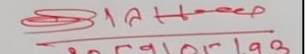
Plumbing तर्फका सहभागी

क्र.स	सहभागिको नाम :	सम्पर्क नम्बर:
१	लक्ष्मी थापा	९८६९४७६१४५
२	यानिसरा मगर	९८६३९२६४३६
३	अमृता लामा	९७४८८४१४०५
४	प्रिन्सा लामा	९८६६०७४६४५
५	माया थापा	९७४५४३९४१५
६	अनु गुरुङ	९८४४२०२३६१
७	मिना चन्द्र	९८४६९५९४४६
८	शुशिला खड्का	९७०२८५५४५१
९	सुस्मिता दराई	९८०७४०१३४०
१०	आशिका सेन ठकुरी	९८२१४४१५७४


बोधार्थ

श्री मध्यविन्दु नगरपालिका नगर कार्यपालिकाको कार्यालय,


श्री राष्ट्रिय अपाङ्ग पुनर्स्थापना समाज।


२०८१/०८/१३
कान्ता प्रसाद कुमाल
वडा अध्यक्ष

Annex 6: Attendance Sheet of Participants
Dhading, Bagmati:




Standard Chartered Bank/National Rehabilitation Society For The Disabled
 Electrician Training to Girls and Women -2024
 Nilkantha Municipality-9,Dhading District,Bagmati Province
 November -22 to 1st December,2024




Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures									
						22-Nov	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
1	रेनुजा नरुकी शामी	विलकठ-९	९८९८९६६८९	Dhading	Bagmati	Renu	Renu	Renu	Renu	Renu	Renu	Renu	Renu	Renu	Renu
2	सुमित्रावराइली	"	९८९०९२६९६९	Dhading	Bagmati	Smt	Smt	Smt	Smt	Smt	Smt	Smt	Smt	Smt	Smt
3	जुना गुरुडो	"	९८९८२८६६८६	Dhading	Bagmati	Ju	Ju	Ju	Ju	Ju	Ju	Ju	Ju	Ju	Ju
4	भावना परिवार	"	९८९३३३३३३३	Dhading	Bagmati	B	B	B	B	B	B	B	B	B	B
5	पवित्रा थापा मगर	"	९८६६६६६६६६	Dhading	Bagmati	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav	Pav
6	सुकुमाथी गुरुडो	"	९८९००२९६६०	Dhading	Bagmati	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
7	अनामिका खड्का	"	९८६६६६६६६६	Dhading	Bagmati	A	A	A	A	A	A	A	A	A	A
8	अरति महत	"	९६६६६६६६६६	Dhading	Bagmati	A	A	A	A	A	A	A	A	A	A
9	सुष्मा श्रेष्ठ	"	९८६६६६६६६६	Dhading	Bagmati	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
10	शिला श्रेष्ठ	"	९८६६६६६६६६	Dhading	Bagmati	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi	Shi

Trainer Signature.....



Standard Chartered Bank/National Rehabilitation Society For The Disabled
 Plumbing Training to Girls and Women -2024
 Nilkantha Municipality-9,Dhading District,Bagmati Province
 November -22 to 1st December,2024




Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures									
						22-Nov	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov	28-Nov	29-Nov	30-Nov	1-Dec
1	हानक. अरुण	जौरी गाडे	९८२८९६६६६६	Dhading	Bagmati	H	H	H	H	H	H	H	H	H	H
2	पर्वती श्रेष्ठ	ब्यामिरे	९८६६६६६६६६	Dhading	Bagmati	P	P	P	P	P	P	P	P	P	P
3	दुर्गा अरुण	काफल पानी	९६६६६६६६६६	Dhading	Bagmati	D	D	D	D	D	D	D	D	D	D
4	सुशिला अरुण	काफल पानी	९८६६६६६६६६	Dhading	Bagmati	S	S	S	S	S	S	S	S	S	S
5	विमला परिवार	काफल पानी	९८९३३३३३३३	Dhading	Bagmati	V	V	V	V	V	V	V	V	V	V
6	सुमती मगर	सगरे	९८६६६६६६६६	Dhading	Bagmati	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
7	गोमती मगर	सगरे	९६६६६६६६६६	Dhading	Bagmati	G	G	G	G	G	G	G	G	G	G
8	सुमित्रा विस्नेक	कोशोक	९८३६६६६६६६	Dhading	Bagmati	Su	Su	Su	Su	Su	Su	Su	Su	Su	Su
9	जायन्ता नरकोटी	हरे	९८६६६६६६६६	Dhading	Bagmati	J	J	J	J	J	J	J	J	J	J
10	कविता शर्मि	पारुवा टापु पानी	९८६६६६६६६६	Dhading	Bagmati	K	K	K	K	K	K	K	K	K	K

Trainer Signature.....

Bardaghat, Lumbini

Standard Chartered Bank/National Rehabilitation Society For The Disabled
Electrician Training to Girls and Women -2024
Bardaghat Municipality-16,Nawalparasi(Bardaghat-susta West) District,Lumbini Province
4 December-13 December,2024



National Rehabilitation Society for the Disabled

Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures												
						04-Dec	05-Dec	06-Dec	07-Dec	08-Dec	09-Dec	10-Dec	11-Dec	12-Dec	13-Dec			
1	नानकु देवी कुवर	वर्दीघाट-१६	९७८६९७०९१५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
2	हुकाभाया शर्मा	"	९८२१५८८३६७	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
3	पुजा परिचर देवी	"	९७०८५७२६७	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
4	मोविका के सी	"	९८११२२११५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
5	देवीसरा मुखर्जी	"	९८६५५७१७८५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
6	सुपना श्रेष्ठ	"	९८२३२४५२	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
7	तमकुमारी बुढा	"	९८१६४८३६२	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
8	नमुना विक	"	९६०६३३२३६२	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
9	चन कुमारी बुढा भण्डार	"	९७०८५७१७४०	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
10	यम कुमारी कुवर	"	९८१२९८३०८५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	

Trainer Signature: [Signature]

Standard Chartered Bank/National Rehabilitation Society For The Disabled
Plumbing Training to Girls and Women -2024
Bardaghat Municipality-16,Nawalparasi(Bardaghat-susta West) District,Lumbini Province
4 December-13 December,2024




National Rehabilitation Society for the Disabled

Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures												
						04-Dec	05-Dec	06-Dec	07-Dec	08-Dec	09-Dec	10-Dec	11-Dec	12-Dec	13-Dec			
1	मनिसा बरहारे मजार	वर्दीघाट-१६ ताप,बानीपुले	९८९९५५८८ ७९५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
2	प्रालिना गुम्हा	वर्दीघाट-१६	९८९९५५८८	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
3	आकृति राफेडा	वर्दीघाट-१६	९८२९३८०५५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
4	पुष्पा चौधरी	वर्दीघाट-१६	९८२६५२६५८०	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
5	तमा परियार	वर्दीघाट-१६	९८२९५५५५९५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
6	गंगा क्षेत्र	वर्दीघाट-१६	९८०८५५५५०५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
7	देविमया परियार	वर्दीघाट-१६	९८६५६५२९०५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
8	पुजा क्षेत्र सुतार	वर्दीघाट-१६	९८५५३९६३५८	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
9	रेखाली क्षेत्र	वर्दीघाट-१६	९८२९५५५५०५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	
10	शान्ता मया परियार तामा	वर्दीघाट-१६	९८०८५५५५०५	Nawalparasi(Bardaghat-susta West)	Lumbini	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	

Trainer Signature: [Signature]



Madhyabindu, Gandaki

Standard Chartered Bank/National Rehabilitation Society For The Disabled
 Plumbing Training to Girls and Women -2024
 Madhyabindu Municipality-12,Nawalparasi(Bardaghat-susta East) District,Gandaki Province
 15 December-24 December,2024
 Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures													
						15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec	21-Dec	22-Dec	23-Dec	24-Dec				
1	लक्ष्मी थापा	मध्यविन्दु नं.पा-१२	९७५६६९५५५ ९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2	यानिसरा मगर	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani	Yani
3	अमिता लामा	" "	९७५६६९५५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita	Amrita
4	प्रिन्सा लामा	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha	Prinsha
5	मया थापा	" "	९७५६६९५५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya	Maya
6	अनु सुम्बर	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu	Anu
7	मिना चन्द	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna	Minna
8	शुशिला खड्का	" "	९७५६६९५५५	Nawalparasi(Bardaghat-susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9	सुस्मिता ब्राई	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
10	आशोका सेन कुरी	" "	९८६९५६९५५	Nawalparasi(Bardaghat-susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]

Trainer Signature... [Signature]

Standard Chartered Bank/National Rehabilitation Society For The Disabled
 Electrician Training to Girls and Women -2024
 Madhyabindu Municipality-12,Nawalparasi(Bardaghat-Susta East) District,Gandaki Province
 15 December-24 December,2024
 Participant's Registration

S.N	Name	Address	Contact No.	District	Province	Signatures													
						15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec	21-Dec	22-Dec	23-Dec	24-Dec				
1	फुलमाया पुन मगर	कवसोती-५	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
2	पासाडो लामा	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama	Jama
3	रोजिना थापा	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
4	गिता थापा मगर	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
5	ममता थापा	लमजुडो वसिष्ठ-५	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
6	सुर्मिला पुन	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
7	मेनुका सुम्बर	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut	Mut
8	आशुति थापा	कवसोती-१	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
9	अनिता पुन	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]	[Signature]
10	सलिना थापा	मध्यविन्दु-१२	९८६९५६९५५	Nawalparasi(Bardaghat-Susta East)	Gandaki	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina	Salina

Trainer Signature... [Signature]

Annex 6: List of used equipment/materials during Electrician & Plumbing Training:

Electrical Materials and Tools:

1. Line tester
2. Screw driver
3. Piler
4. Wire cutter
5. Wire stripper
6. Knife
7. Pin Hammer
8. Hammer (Mason)
9. Chisel
10. Poker
11. Hacksaw Blade
12. Hacksaw frame
13. File
14. Plumb bob
15. Measuring tape
16. Pipe cutter
17. Drill machine
18. Grande machine
19. Multi Meter
20. Drill bit
21. Whill (Marble cutter and rod cutter)
22. Sprit leral
23. Marker
24. Sceale

Safety Tools

1. Safety Helmet
2. Masks
3. Apron
4. Glasses
5. Gloves
6. Safety belt
7. Safety shoes

Electrical accessories:

1. Wire- 1mm, 1.5mm, 0.75mm
2. Service wire
3. One Way board switch
4. Two Way board switch
5. Bed switch
6. Bell switch
7. DP. Main switch
8. Kit Kat fuse
9. Holder (Bottom, Angle, Pandent and Multi)
10. Indicator
11. Regulator (Fan)
12. Two Pin socket
13. 5 Pin socket
14. Power Socket
15. (3x3) 4 Gang switch + Socket with Indicator

16. 6 Gang Switch + Socket
17. 8 Gang Switch Board
18. 10 Gang Switch Board
19. 4x4 PVC Board
20. 4x7 PCV Borad
21. 6x8 PVC Board
22. 4x4 PVC Switch Plate (1 Gang, 2 Gang, 3 Gang, Switch and spin plate)
23. 4x4 PVC Holder Plate
24. 4x7 PVC Holder Plate
25. 4x7 PVC Switch Plate
26. MCB 6/16 Ampere
27. Leasing caping- 20/25 mm
28. Bulb
29. Celling rose
30. PVC (Greep)
31. Screw
32. Saw meter
33. PVC tape
34. Circulator box
35. Circular pipe
36. Wiring pipe -19 mm
37. Round block
38. Bell

Plumbing Materials and Tools:

G.I.

1. 0.5" GI pipe -2 pcs
2. 0.5" elbow -30 pcs
3. 0.5" Tee -1pc
4. 0.5" Socket -5pcs
5. 0.5" Union -5pcs
6. 0.5" Cross Tee -5pcs
7. 0.5" Cross Over -5pcs
8. 0.5" Gate valve -5pcs

P.P.R.

1. 0.5" P.P.R pipe -5pcs
2. 0.5" Elbow -20pcs
3. 0.5" 45° Elbow -20 pcs
4. 0.5" Tee -10 pcs
5. 0.5" Cross Tee -5pcs
6. 0.5" Cross over -5pcs
7. 0.5" Union -5pcs
8. 0.5" Ball Valve -5pcs
9. 0.5" F. Union -5pcs
10. 0.5" M. Socket -5pcs
11. 0.5" F. Elbow -5pcs
12. 0.5" F. Tee -5pcs

CPVC

1. 0.75" C.P.V.C pipe -5pcs
2. 0.75" Elbow -20pcs
3. 0.75" 45° Elbow -20 pcs
4. 0.75" Tee -10 pcs
5. 0.75" Cross over -5pcs
6. 0.75" Union -5pcs
7. 0.75" Ball Valve -5pcs
8. 0.75" End Cap -10pcs

9. 0.75" Metal clamp -20pcs
10. 0.75"x 0.5" F. Elbow -10pcs
11. 0.75" x 0.5" F. Tee -5pcs
12. 0.75"x 0.5" M. Socket -5pcs
13. 0.5" long plug -15 pcs
14. C.P.V.C Solvent Cement - 2pcs

HDPE

1. 50mm P.E pipe -1pc

PVC

1. 1.5" P.V.C pipe -1pc
2. 1.5" 45° Bend -4 pcs
3. 1.5" 90° Bend -2 pcs
4. 1.5" Y-Tee -2pcs
5. 2.5" pipe -2pcs
6. 2.5" 45° Bend -4 pcs
7. 2.5" 90° Bend -2 pcs
8. 2.5" Y-Tee -2pcs
9. 2.5" Poor Tee -1pc
10. 2.5" Door Bend -1pc
11. 2.5" Vent cowl -1pc
12. 2.5" Metal clamp -2pcs
13. 4" pipe -2pcs
14. 4" 90° Ben -2 pcs
15. 4" 45° Bend -6 pcs
16. 4" Y-Tee -2pcs
17. 4" Poor Tee -1pc
18. 4" vent cowl -1pc
19. 4" Metal clamp -2pcs
20. 4" x 2.5" R. Socket -2pcs

21. Multy Floor Trap -2pcs
22. 4" P. trap -1pc
23. 4" Poor Bend -2pcs
24. PVC Solvent Cement -2pcs

EXTRA

1. पार्इप् किला 0.75" -20pcs
2. 1.5" दलान किला -1pkt
3. Seal Tape -20pcs
4. 1.5" Grip -30pcs
5. 1.5" Black Screw -30 pcs

CP Sets

1. Wall Mixture -1pc
2. Shower + Arm -1pc
3. Suon Neck -1pc
4. Commode Spray -1pc
5. Commode (12") -1pc
6. Angle valve -4pcs
7. Basin + pedestal -1pc
8. Basin nut -1pc
9. Basin waste coupling with pipe -1pc
10. Glass Shelf (Fiber) -1pc
11. Mirror -1pc
12. C.P set -1pc
13. C.P cap -8pc
14. Short body -1pc
15. CP nipple -1" -2pcs
16. Connection pipe -3p

